

## DOLCI & GELATI

**Zuccotto**, chocolate & stracciatella layers, Tia Maria spiked dark chocolate ganache 9

**Pecan Butter Tart**, chocolate crust, Caramel & toasted Pecan filling, vanilla gelato, caramel crunch 9

**Hazelnut Roulade**, milk chocolate sponge, Mascarpone cream & Nutella filling, candied hazelnuts & dark chocolate bark 9

**Carrot Cake**, cream cheese icing, sugar & spice, toasted Pecans, *Gluten Free* 9

**Ricotta Cheesecake**, ginger snap crust, sour cream topping, Amarena cherries, fresh whipped cream 9

**Tiramisu**, ladyfingers soaked with espresso & Brandy, layered with Mascarpone mousse, dark chocolate Cocoa dusting 9

**Affogato al Caffè**, Vanilla gelato doused with Illy Espresso, splash of Bailey's, Whipped cream, chocolate shavings 9

**Salted Caramel Apple Sundae**, vanilla gelato layered with roasted Honeycrisp apples, biscotti crumble, salted caramel sauce, whipped cream 9

**Classic Vanilla Crème Brûlée**, torched 9

**Handmade Italian Gelati & Sorbetti**, ever-changing flavours 3 per scoop

# il MERCATO

TRATTORIA | EST<sup>B</sup> 1994

## TAKE AWAY MENU

# il MERCATO

TRATTORIA | EST<sup>B</sup> 1994

**1595 Bedford Highway, Sunnyside Mall  
Bedford, Nova Scotia B4A 3J4**

**902-832-4531**

**Monday-Saturday 11am-10pm**

**[www.il-mercato.ca](http://www.il-mercato.ca)**

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## ANTIPASTI

**Stuzzichini**, Risotto croquette, Salami rolled with fresh Mozzarella, flash-fried Artichoke, Mushroom bruschetta, Tomato bruschetta, Prosciutto-wrapped grissini 14

**Calamari**, flash fried, sauced with roasted garlic, chilies, tomato, 'Arrabbiata' 11

**Risotto croquettes**, San Marzano tomato, prosciutto di San Daniele, fresh Mozzarella centre, warm tomato & basil pesto sauce 10

**Local Mussels**, sautéed with onion, browned garlic, Tomato, basil, White wine 10

**Jumbo Shrimp**, sautéed with roasted garlic, cream, white wine, fresh Italian parsley 11

**Pan seared Scallops**, breadcrumb, Espagnole sauce 12

**Bruschetta**, brushed with garlic, topped with fresh herbs, chopped tomato, Montasio & Parmigiano 8

**Italian Seafood Zuppa** 12

**Wild Mushroom Zuppa** 9

**Marinated grilled Vegetable Salad**, organic Greens, warm Goat cheese, basil pesto, balsamic vinaigrette 10

**Caesar Salad**, crisp smoked Bacon, grilled focaccia croutons, classic Caesar dressing, Parmigiano dusting 10

**Red & Green shredded Cabbage Salad**, warm Bacon dressing, roasted garlic, tomato, E.V. olive oil, balsamic, Parmigiano 10

**Spinach Salad**, roasted free range Chicken, fresh tomato, roasted Pecan & honey dressing, grated Parmigiano 10

## PIZZE & FOCACCIA

**Thin crust pizza 'Margherita'**, tomato, basil Pesto Genovese, Mozzarella 15

**Thin crust pizza, Wild mushrooms**, tomato, smoked Bacon, arugula, Asiago cheese, balsamic drizzle 16

**Thin crust pizza, roasted Chicken**, homemade tomato jam, caramelized onions, Spinach, smoked Provolone 16

**Thin crust pizza, housemade Sausage**, tomato, crisp pancetta, roasted cherry tomatoes & Fontina 16

**Thin crust pizza, Vegetariano**, tomato & basil pesto, grilled Artichokes & Asparagus, garlic roasted Cherry tomatoes, crumbled Goat cheese 16

**Thin crust pizza, spicy Soppressata Salami**, tomato, peperonata, sauce, Montasio 16

**Homemade Ligurian Focaccia**, free range Chicken, crispy Pancetta, avocado, arugula, chili aioli, mixed Greens 14

**Mercato Burger**, chopped Beef Tenderloin, seared Provolone, sweet onions, Bacon, tomato jam, garlic aioli, romaine, toasted Focaccia bun, hand-cut Fries 16

## GRAZIE BUON APPETITO

**We are passionate about food – everything we cook is handmade, fresh & made to order.**

**Please let us know if you have any dietary considerations**

## PASTE ASCIUTTE

**Linguine Frutti di Mare**, Mussels, Scallops, Jumbo Shrimp, Clams, tomato, garlic, fresh herbs, chilies, White wine 19

**8-Layer Lasagna**, Homemade pasta layered with slow simmered Ragù & béchamel, baked with Parmigiano & Mozzarella 17

**Penne Salsiccia**, housemade Sausage, caramelized onions, roasted squash, tomato & cream, Parmigiano 17

**Linguine Amatriciana**, smoked Bacon, sweet onions, San Marzano tomato sauce, Pecorino & Parmigiano 17

**Fettuccine Jumbo Shrimp**, garlic, slow roasted Cherry tomatoes, Spinach, torn fresh Basil, white wine, cream 19

**Gnocchi alla Papalina**, Prosciutto di San Daniele, wild mushrooms, splash of cream, Parmigiano 17

## PRINCIPALE

**Grilled Beef Tenderloin**, Wild mushroom, roasted Sweet onion & Port sauce 28

**Chicken Parmigiana**, topped with Mozzarella, baked with San Marzano tomato sauce, Fettuccine all'Alfredo 24

**Pork Tenderloin** wrapped with Pancetta, roasted, browned garlic & Sherry spiked cream sauce 24

**Grilled Rack of Lamb**, fresh Mint & Basil marinade, rosemary infused Port reduction 27

**Italian Seafood Stew**, Jumbo Shrimp, Scallops, Mussels, Clams & Haddock sautéed with tomato, Peperonata, white wine, basil Pesto, garlic Toast 28

**Fettuccine Asparagus**, Zucchini, onions, Cherry tomatoes, Peas, spinach, Parmigiano & Ricotta, basil Pesto 17

**Handmade Ravioli**, filled with roasted free range Chicken, Wild mushrooms & Cambozola, mushroom & Sherry cream sauce 17

**Rigatoni al Forno**, slow-simmered Ragù, baked with fresh Mozzarella, Parmigiano & garlic breadcrumbs 17

**Spaghettoni alla Carbonara**, smoky bacon, egg, black pepper, Parmigiano 17

**Penne Roasted Chicken**, Prosciutto, caramelized onions, Wild mushrooms, cream & Parmigiano 18

**Spaghettoni Aglio e Olio**, E.V. olive oil, roasted garlic, chilies, Parmigiano, herb-infused breadcrumbs - Anchovies are optional 17

**Pan seared Haddock**, topped with NS Lobster, garlic, white wine, San Marzano tomato & cream 27

**Atlantic Salmon**, flat top seared, Wildflower honey, fresh herbs & Balsamic glaze, crisp garlic breadcrumbs 25

## CONTORNI

**French Fries**, hand-cut, sea salt, Parmigiano & herbs 6

**Penne**, tomato, basil Pesto Genovese, Parmigiano 7

**Fettuccine all'Alfredo**, cream, Parmigiano 7

**Additional vegetables & potatoes** 5